



**2017 Annual MS Symposium of South Florida**  
**Neurological Aspects of Multiple Sclerosis and Beyond**  
**December 2<sup>nd</sup>, 2017 \* A free educational event**

**Location:** Renaissance-Plantation Hotel: 1230 South Pine Island Rd. Plantation FL 33324

8:55am –11:00 am **\*\*Resources Room\*\*** Meet and learn about local community resources

9:10am –10:15am Continental Breakfast

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**10:10am – PROGRAM BEGINS with MS Views and News announcements of this Symposium, acknowledgements and appreciation**

**10:20am – Tony Garcia**, Master Tai Chi Instructor – To provide an interactive introduction to the benefits of practicing Tai Chi - Let's get warmed up for a day of learning together! ----- **18 mins + 10 mins of Q&A**

**Neurology Panel – Presentations / Q&A - 130 minutes**

**10:50am Donald Negroski, MD Neurology - 30 minutes**  
 Improving your engagement and communication with your healthcare team. Learning to access the care you need in shifting models of care. Patient Self-Advocacy through Knowledge & Self Reliance.

**11:27am Megan R. Weigel, DNP, ARNP-c, MSCN - 30 minutes**  
 MS Relapse, Treatment options, symptom management and recovery. Empowering you, to address the needs of the complete body, "You are more than your diagnosis".

**12:02pm Aaron Boster, MD Neurology - 35 minutes**  
 Immunology of MS-What is it and how does it work? A look at current and newly emerging treatment options, how they work and knowing when to switch and what works for YOU

**11:45-12:15 - Complimentary Lunch served during presentation**

**Jeffrey A. Segal, BS, NSCA-CPT, CSCS, CPTS, CPR/AED – a Personal Trainer, will guide you with safe stretches to help you loosen-up, between the different speakers and Q&A's**

**12:40pm - Interactive Q & A - Moderated by: Brian Steingo, MD - Following the (3) talks**  
 → Get your questions answered directly!! - 35 minutes

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**1:50pm Justin Koenitzer, PsyD - Clinical Psychologist at Orlando VA**  
 The Psychological Aspects of Pain in MS and Treatment 30 mins + Q&A 15 mins

**2:50pm Marilyn Volker, Ed.D. – Sexologist**  
 Sex and MS, Sexual Health and Wellness, 'Making it Work Before Giving Up'  
 35 mins + Q&A 10 mins

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**R.S.V.P. Required**

Register ONLINE at: [www.events.msvn.org](http://www.events.msvn.org)

If you do not have internet, please call (888) 871-1664 - Ext 102

Program limited to The MS Patient plus (1) Guest

No children under the age of 16 unless the pediatric has MS

**This Educational Program was made possible with support from:**



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Room Temperature might be Cool – Bring sweater or light Jacket

Program provided by MS Views and News, a 501C3 not for profit organization  
**MS Views and News is MAKING an IMPACT** on those affected by Multiple Sclerosis

Program to end approximately - 3:30pm